

Help Is Available

If you are a victim of a domestic violence or sexual violence crime, it is normal to feel scared, helpless, and vulnerable... but **YOU ARE NOT ALONE**. The following agencies are here to help you.

- Emergency 911
- Alice's Place (24 hour service)
928-289-3003
1-888-531-7233 Toll Free
- National Domestic Violence Hotline
1-800-799-SAFE (7233) Toll Free
1-800-787-3224 (TTY) Toll Free
- Arizona Coalition to End Sexual and Domestic Violence
602-279-2900
1-888-782-6400 Toll Free
- Winslow Police Department
928-289-2431
- Little Colorado Medical Center
928-289-4691
- Winslow Indian Health Care Center
928-289-4646

If you believe that you will not be able to understand or take part in a program or activity because of your disability or language barrier, Alice's Place will make reasonable accommodations that allows you to participate in and understand a program or activity. You may contact the ADA Coordinator, Theresa Warren at (928) 289-3003.

Safety Planning

"You may not be able to stop the abuse but you can stop being a victim."

- During an explosion, stay away from rooms where you might get trapped or where weapons might be available, like the bathroom or the kitchen.
- Practice with your children how to get out of your home safely and where to go for help.
- Place important papers such as birth certificates, social security cards, and bank cards in an accessible and safe location.
- Make sure all keys are easy to get to and safe. These include keys to your house, car, safety deposit box, and office.
- Pack a bag with clothes, medicine, toys and whatever you and your children might need in the first 24 hours. Keep this in a safe place.
- Orders of protection may be obtained through the courts. Always keep a copy with you. Leave copies with schools, employers, lawyers and babysitters, if the order covers the children.

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Domestic Violence & Sexual Violence Services



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Website
www.alicesplace.org